

Year Seven
RESPECT
Roadmap

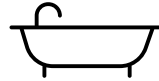
Autumn 2

Family, marriage, civil partnerships and other romantic relationships. Personal identity. Cyberbullying and trolling. Assertiveness.



Spring 2

Puberty and Hygiene.
What can cause poor health?
Smoking, vaping etc.
Unwanted physical contact



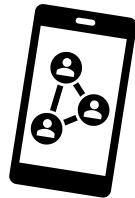
Summer 2

Financial education.
Saving and borrowing.
Budgeting.



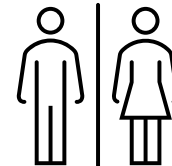
Autumn 1

Transition to secondary school.
Making friends.
Keeping safe online and in the local community.



Spring 1

Diversity and tolerance.
What is prejudice?
Sexism, ableism and racism.
Dealing with friendship issues.



Summer 1

Extremism and radical belief systems. Mental and physical health maintenance. Puberty (male and female.)



Year Eight
NEXT EXIT 

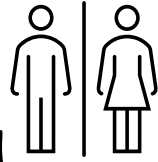
Year Eight
RESPECT
Roadmap

Autumn 2

Discrimination -
issues around the world.

British Values -
TOLERANCE.

Homophobia and
sexual orientations.



Relationships with
other people, both in
person and online.

Romantic
relationships
including marriage.

Dangers of
pornography.

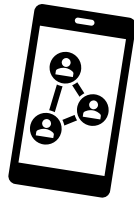
Summer 2

Preventing, identifying
and treating health
problems, diseases and
illnesses.



Autumn 1

Drugs and Alcohol
awareness, including
vaping and smoking.
Online safety.



Spring 1

Body image, self-esteem
and eating disorders.
Resilience and finding
support.
Mental health strategies.

Summer 1

Relationships with other people,
respect and tolerance.



Year Nine
RESPECT
Roadmap



Autumn 2

Setting goals
Learning strengths, career options and goal setting as part of the GCSE options process. Careers and after school destinations

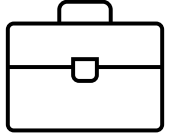


Spring 2

Healthy lifestyle
Diet, exercise, lifestyle balance and healthy choices, and first aid.
Cancer and how to spot the early signs of breast and testicular cancer.

Summer 2

Employability and online presence.
Transition to KS4.



Autumn 1

Friendships.
Gangs and knife crime.
Substance misuse including vaping and smoking.
Assertiveness.
Coercive control.



Spring 1

Respectful relationships
Families and parenting, healthy relationships, conflict resolution, and relationship changes



Summer 1

Intimate relationships
Relationships and sex education including consent, contraception, the risks of STIs and healthy communication.



Year Ten

NEXT EXIT

Year
Ten RESPECT
Roadmap

Autumn 2

Financial decision making
The impact of financial
decisions, debt, gambling
and the impact of
advertising on financial
choices.



Spring 2

Drug awareness
including class B
substances and
how they can
damage health



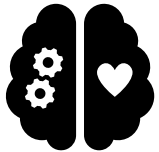
Summer 2

Goal Setting.
Cosmetic procedures and surgeries.
Prescription drugs and the problems
they can cause.
Cultural differences project.



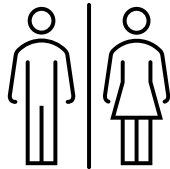
Autumn 1

Mental health and mental ill
health.
Transitioning into GCSEs - well-
being and managing emotions.



Spring 1

Healthy relationships
Relationships and sex
expectations, myths,
pregnancy and childbirth.



Summer 1

Addressing extremism and
radicalisation
Communities, belonging and
challenging extremism - British
Values and how these are
displayed



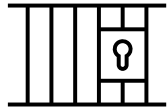
Year Eleven

NEXT EXIT 

Year Eleven
RESPECT
Roadmap

Autumn 2

Law and order in the UK.
The Prison System.
What is it like to be
arrested?
Anti-Social Behaviour.



Spring 2

Responsible health choices,
keeping safe.
Social responsibility - taxes,
national insurance and
payslips.
Discussion of destinations after
school and throughout life -
setting achievable goals.



Summer 2

Preparing for
GCSE's.



Summer 1

Families: Different types of
families. Parental
responsibilities, pregnancy,
adoption, fostering, miscarriage
and abortion.
Marriage, forced marriage and
changing relationships over time.



Spring 1

Personal values, assertive and
effective communication.
Contraception and sexual
health. Relationship challenges
and abuse within romantic
relationships.

Autumn 1

Healthy mindset - coping with
stress and anxiety.
The science behind addiction.
Social factors behind addiction.
Class A Drugs and Drug
classifications.

